



“Fullness and Freedom in Christ ~ Pt. 2”

July 11, 2010
Senior Pastor David Whitten
Colossians 2:16-23

In order to experience fullness and freedom in our spiritual life then we must...

I. Lose the legalism and focus on Christ. (v.16-17)

A. Learn to balance our freedom with responsibility

II. **MOVE** beyond the mysticism and stay **CONNECTED** to Christ. (v.18-19; Heb. 4:14-16)

*“Jesus answered, ‘I am the way and the truth and the life.
No one comes to the Father except through me.’”
John 14:6-7*

*“For there is one God and one mediator (one medium of
communication) between God and men, the man Christ Jesus,
who gave Himself as a ransom for all men - the testimony given
in its proper time.” I Timothy 2:5-7*

Sermon Notes (continued)

III. **AVOID** asceticism and stay **DEVOTED** to Christ. (v.20-23)

Asceticism — the doctrine that a person can attain a high spiritual and moral state by practicing self-denial, self-mortification, and the like.

*“Have nothing to do with godless myths and old wives’ tales;
rather, train yourself to be godly. For physical training is of some
value, but godliness has value for all things, holding promise
for both the present life and the life to come.”
I Timothy 4:7-8*

My Next Steps:

- This week I will keep my focus on the Word of God and on the Son of God by reading my Bible and praying daily.
- From this day forward I will end all my prayers with “...in Jesus’ name I pray. Amen.”
- This week I will pray about serving within our Preschool and Children’s Ministry.
- Other: _____

If you would like a binder to keep your Sermon Notes sheets, come to the Welcome Desk in the lobby to purchase a “Spiritual Journal.” These binders come with tabbed sections and include bonus material such as Prayer Guides, Daily Devotions sheets, and more!

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